



Celiac Resource Directory

A Comprehensive Guide to Educational and Nutritional Resources,
Patient Support Organizations and Centers of Excellence

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Connecticut GI
www.connecticutgi.org

Education



BOOKS

Essentials of Celiac Disease and a GFD

<http://www.cureceliacdisease.org/ebook/>

Stanford University Health Library

<https://stanfordhealthlibrary.on.worldcat.org/search?data-baseList=&queryString=celiac+disease>

Real Life with Celiac Disease: Troubleshooting and Thriving Gluten Free

Melinda Dennis, MS, RD, LDN and Daniel Leffler, MD, MS, 2010.

Clinical Guide to Gluten-Related Disorders

Dr. Alessio Fasano MD, 2013

Gluten Freedom: The Nation's Leading Expert Offers the Essential Guide to a Healthy, Gluten-Free Lifestyle

Dr. Alessio Fasano, 2014

Celiac Disease: A Hidden Epidemic

Peter HR Green, MD and Rory Jones, 2009.

Recognizing Celiac Disease

Cleo J. Libonati, RN, BSN, 2007.

Gluten Free Kids: Raising Happy, Healthy Children with Celiac Disease, Autism and Other Conditions

Danna Korn, 2010.

Gluten-Free Friends: An Activity Book For Kids

Nancy Patin-Falini, MA, RD, LDN, 2003

Amy Goes Gluten Free: A Young Person's Guide to Celiac Disease (cartoon book), Children's Hospital Boston

Celiac Disease: A Guide to Living with Gluten Intolerance

Sylvia Bower, RN, 2006

Celiac Disease for Dummies

Ian Blumer MD and Sheila Crowe MD, 2010

The Ultimate Guide to Gluten-Free Living

Celiac Disease Center at Columbia University, 2009

Celiac and the Beast

Erica Ann Dermer 2013

Jennifer's Way: My Journey with Celiac Disease

Jennifer Esposito

Essentials of Celiac Disease and the Gluten-Free Diet: Living Gluten Free with Celiac / Coeliac Disease & Gluten Sensitivity

Stefano Guandalini M.D.

Mommy, What Is Celiac Disease? A look At the Sunny Side of Being a Gluten-Free Kid

Katie Chalmers 2010

Education

NEWSLETTERS

CTGI Newsletter Patients

<http://connecticutgi.org/wp-content/uploads/2020/06/CT-GI-Gluten-Free-Disorders-and-Gluten-Free-Diet-Recommendations.pdf>

National Celiac Association Newsletters

<https://nationalceliac.org/resources/nca-newsletter/>

University of Chicago Newsletters BMI and GFD

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_2018_IssueThree_v5.pdf

Food Intolerances

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_2018_IssueTwo_v4.pdf

The Role Of Viruses In Celiac Disease

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_2018_IssueOne-1.pdf

Eating Disorders In Celiac Disease

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_2017_Issue04_FINAL_R3.pdf

Celiac Disease and Oral Health

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_2017_Issue03.pdf

Extraintestinal Manifestations of Celiac Disease

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_2017_Issue01-FINAL.pdf

Risks of Gi Cancer in Celiac Disease

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_2016_Issue03_FINAL-1.pdf

Probiotics and Celiac Disease

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_Jan16_v4-FINAL.pdf

Nonresponsive Celiac Disease

http://www.cureceliacdisease.org/wp-content/uploads/CdC_Newsletter_Q4_2014_v6-FINAL.pdf

VIDEOS /DVD'S

Gluten-Free Diet, Beyond the Basics

<https://celiac.org/gluten-free-living/what-is-gluten/>

GFD

https://www.youtube.com/embed/Gxx_Z368fNo

What is Celiac Disease

<https://www.youtube.com/watch?v=BuGvRUjBGYU&>

Raising your Celiac Child - Guidelines for a Gluten-Free Life Children's Hospital Boston Family Health Education Series

Gluten-Free Home

<http://www.childrenshospital.org/centers-and-services/programs/a--e/celiac-disease-program/raising-a-child-with-celiac-disease/diet-information>

Cooking

<http://www.childrenshospital.org/centers-and-services/programs/a--e/celiac-disease-program/raising-a-child-with-celiac-disease/cooking>

School

<http://www.childrenshospital.org/centers-and-services/programs/a--e/celiac-disease-program/raising-a-child-with-celiac-disease/school>

Eating out

<http://www.childrenshospital.org/centers-and-services/programs/a--e/celiac-disease-program/raising-a-child-with-celiac-disease/school>

Away from home

<http://www.childrenshospital.org/centers-and-services/programs/a--e/celiac-disease-program/raising-a-child-with-celiac-disease/away-from-home>

FACT SHEETS

What is Celiac Disease

- <https://www.beyondceliac.org/SiteData/docs/WhatisCeli/7df546428970c440/What%20is%20Celiac%20Disease.pdf>
- <https://celiac.org/about-celiac-disease/what-is-celiac-disease/>
- <https://celiacmama.com/celiac-disease/>
- <https://www.celiac.ca/gluten-related-disorders/celiac-disease/>
- <https://www.celiac.ca/living-gluten-free/newly-diagnosed/>
- <https://celiacdiseasecenter.columbia.edu/celiac-disease/definition-and-clinical-manifestations/>
- <https://www.mayoclinic.org/diseases-conditions/celiac-disease/symptoms-causes/syc-20352220>



Education

FACT SHEETS (CONTINUED)

Fast Facts

- <https://www.beyondceliac.org/celiac-disease/facts-and-figures/>

Celiac vs. Non-Celiac Gluten Sensitivity

- <https://www.beyondceliac.org/SiteData/docs/CeliacDisease/b0df9dc15d9fe85e/Celiac%20Disease%20vs.%20Gluten%20Sensitivity.pdf>
- https://gluten.org/wp-content/uploads/2019/06/EDU_NCGS.pdf
- <https://www.celiac.ca/gluten-related-disorders/non-celiac-gluten-sensitivity/>

Symptoms of Celiac Disease

- <https://www.beyondceliac.org/celiac-disease/symptoms/>
- <https://celiac.org/about-celiac-disease/symptoms-of-celiac-disease/>

Getting Tested

- <https://www.beyondceliac.org/celiac-disease/get-tested/>

Screening/Diagnosis

- <https://celiac.org/about-celiac-disease/screening-and-diagnosis/screening/>
- <https://celiac.org/about-celiac-disease/screening-and-diagnosis/diagnosis/>
- <https://celiacdiseasecenter.columbia.edu/celiac-disease/diagnosis/>
- <https://www.massgeneral.org/children/celiac-disease/blood-test-results.aspx>
- <https://www.massgeneral.org/children/celiac-disease/celiac-genetic-testing.aspx>
- <https://www.mayoclinic.org/diseases-conditions/celiac-disease/diagnosis-treatment/drc-20352225>

Pathogenesis

- <https://celiacdiseasecenter.columbia.edu/celiac-disease/pathogenesis/>

Treatment and Follow-Up

- <https://celiac.org/about-celiac-disease/treatment-and-follow-up/>
- <https://celiacdiseasecenter.columbia.edu/celiac-disease/follow-up/>

Poorly Responsive Celiac Disease

- <https://celiac.org/about-celiac-disease/poorly-responsive-celiac-disease/>
- <https://celiacdiseasecenter.columbia.edu/celiac-disease/epidemiology/>

Celiac Disease in Children

- <https://celiac.org/about-celiac-disease/celiac-disease-in-children/>

Gluten in Medications

- <https://www.beyondceliac.org/living-with-celiac-disease/gluten-in-medication/>

Related Conditions

- <https://celiac.org/about-celiac-disease/related-conditions/>
- <https://celiac.org/about-celiac-disease/related-conditions/auto-immune-disorders/>
- <https://gluten.org/2019/10/17/celiac-disease-and-anemia/>
- <https://gluten.org/2019/10/17/diabetes-and-celiac-disease/>
- <https://www.celiac.ca/gluten-related-disorders/dermatitis-herpetiformis/>

Pregnancy and Celiac Disease

- <https://www.webmd.com/digestive-disorders/celiac-disease/pregnant-with-celiac-disease#1>

Information for Parents

- <https://www.beyondceliac.org/living-with-celiac-disease/info-for-parents/>

Back to school toolkit

- https://www.beyondceliac.org/SiteData/docs/BacktoSchool/c3eb865ff373884c/Back%20to%20School%20Toolkit_updated.pdf
- <https://celiacmama.com/gluten-free-school-resource-guide/>

Gluten Free Guide to College

- https://www.beyondceliac.org/SiteData/docs/GlutenFree/fa77d1119774794e/Gluten_Free_Guide_To_College.pdf
- <https://nationalceliac.org/wp-content/uploads/2018/12/College-Guide-1.pdf>

Monitoring the GFD

- <https://www.beyondceliac.org/SiteData/docs/CeliacDisease/1d-b99e35a25922dc/Celiac%20Disease%20Management%20Poster.pdf>

Gluten Free Drugs

- <http://www.glutenfreedugs.com/>

Gluten in Medicines, Vitamins and Supplements

- <https://celiac.org/gluten-free-living/gluten-in-medicine-vitamins-and-supplements/>
- https://gluten.org/wp-content/uploads/2015/01/EDU_CD-Medications.pdf

Psychologic Impact of Celiac Disease

- https://www.beyondceliac.org/SiteData/images/Psychosocial/450402fe2851a6bc/Psychosocial%20Impact%20of%20Celiac%20Disease_logo.jpg

Religious Practices and Gluten Free

- <https://www.celiac.ca/living-gluten-free/religious-practices/>

Gluten-Free Travel Tips

- <http://www.celiactravel.com/articles/>

Centers of Excellence



Celiac Disease Centers and Programs

<https://celiac.org/celiacdiseasecentersandprograms/>

Thomas Jefferson University Hospitals Celiac Center

<https://hospitals.jefferson.edu/departments-and-services/celiac-center.html>

University of Chicago Celiac Disease Center (IL)

<http://www.cureceliacdisease.org/>

Columbia University Celiac Disease Center (NY)

<http://celiacdiseasecenter.columbia.edu/>

Beth Israel Deaconess Medical Center Celiac Center, Harvard Medical School (MA)

<https://www.bidmc.org/centers-and-departments/digestive-disease-center/services-and-programs/celiac-center>

Boston Children's Hospital Celiac Disease Program

(MA) <http://www.childrenshospital.org/Centers-and-Services/Programs/A--E/celiac-disease-program>

Massachusetts General Hospital Center for Celiac Research (MA)

<https://www.massgeneral.org/children/services/treatmentprograms.aspx?id=1723&display=overview>

Stanford Healthcare Celiac Disease Program (CA)

<https://stanfordhealthcare.org/medical-clinics/celiac-disease-program.html>

Mayo Clinic (AZ, FL, MN)

<https://www.mayoclinic.org/diseases-conditions/celiac-disease/symptoms-causes/syc-20352220>

Children's Hospital of Philadelphia Center for Celiac Disease (PA)

<https://www.chop.edu/centers-programs/center-celiac-disease/about>

University of Maryland

<https://www.umms.org/childrens/health-services/pediatric-gastroenterology-hepatology-nutrition/celiac-disease-gluten-sensitivities/leader-celiac-disease-care>

Children's National Medical Center Disease Program

<https://childrensnational.org/visit/conditions-and-treatments/stomach-digestion-gi/celiac-disease>

McMaster University Celiac Disease Clinic at the Farncombe Institute

<https://farncombe.mcmaster.ca/celiac-disease-clinic/>

University of Iowa Carver College of Medicine: Celiac Disease Clinic at the James A. Clifton Center for Digestive Disease

<https://uihc.org/celiac-disease>

Celiac Center at Nationwide Children's Hospital

<https://www.nationwidechildrens.org/specialties/celiac-disease-center>

University of Virginia Digestive Health Center of Excellence – Celiac Disease

<https://med.virginia.edu/ginutrition/articles-from-practical-gastroenterology/celiac-disease-series-2003-2007/>

Celiac Disease Clinic at Children's Hospital of Colorado

<https://www.childrenscolorado.org/doctors-and-departments/departments/digestive-health/programs/colorado-center-for-celiac-disease/>

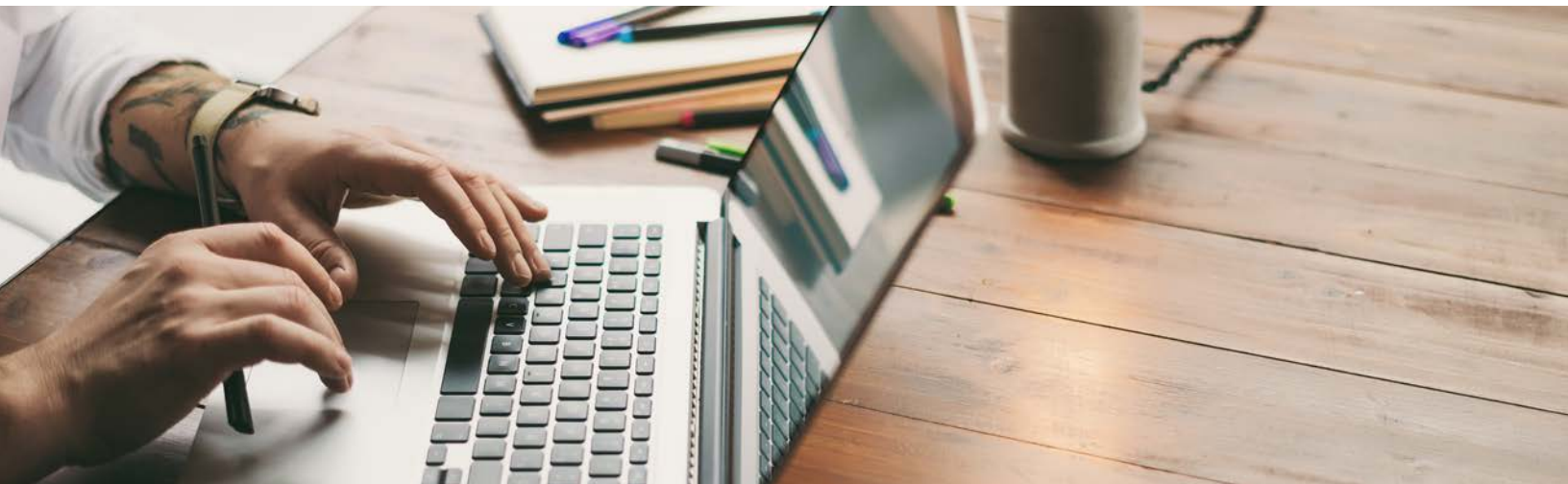
University of California at San Diego William K Warren Medical Research Center for Celiac Disease

<https://health.ucsd.edu/specialties/gastro/areas-expertise/Pages/celiac-disease-clinic.aspx>

Celiac Center at Children's Hospital Los Angeles

<https://www.chla.org/celiac-and-gluten-resources-and-treatment-great-clinic>

Nutritional Support



GLUTEN-FREE DIETS

GFD Overview

- <https://gikids.org/wp-content/uploads/attachments/Gluten-FreeDietGuideWeb.pdf>
- [https://www.beyondceliac.org/SiteData/docs/TheGluten-f4c2451212e0f7443/The%20Gluten-Free%20Diet%20\(1\).pdf](https://www.beyondceliac.org/SiteData/docs/TheGluten-f4c2451212e0f7443/The%20Gluten-Free%20Diet%20(1).pdf)
- <https://gikids.org/wp-content/uploads/attachments/Celiac%20Flier5.pdf>
- <https://www.celiac.ca/cms/wp-content/uploads/2018/05/Gluten-Free-Eating-PEN.pdf>
- <https://celiacdiseasecenter.columbia.edu/treatment/diet/>

Spanish

- https://gikids.org/wp-content/uploads/attachments/GlutenFreeDietGuideSpanish_8-20-13.pdf

What is Gluten?

- <https://www.beyondceliac.org/gluten-free-diet/what-is-gluten/>

Reading Labels

- <https://www.beyondceliac.org/SiteData/docs/ReadingLab/0af54668e9e88176/Reading%20Labels%20final.pdf>
- <https://celiac.org/main/wp-content/uploads/2017/07/Combined-Gluten-Free-Diet-and-Food-Label-Reading-Guide.pdf>

Nutritional Deficiencies

- <https://gluten.org/2019/10/17/nutrient-deficiencies/>

Cross Contacts

- <https://www.beyondceliac.org/gluten-free-diet/cross-contact/>
- https://gluten.org/wp-content/uploads/2019/01/EDU_Cross-Contamination-1.pdf

Sources of Gluten

- https://celiac.org/gluten-free-living/what-is-gluten/sources-of-gluten/Gluten-free_pantry_essentials
- https://gluten.org/wp-content/uploads/2018/07/EDU_Gluten-Free-Pantry-Essentials-1.pdf

Gluten-Free Pantry Essentials

- <https://gluten.org/2019/10/16/gluten-free-pantry-essentials/>
- <https://www.rudisbakery.com/gluten-free/community/gluten-free/pantry-guide-shopping-list/>

Gluten-Free Foods

- <https://celiac.org/gluten-free-living/gluten-free-foods/>

Gluten-Free Candy List

- <https://celiac.org/gluten-free-living/gluten-free-foods/gluten-free-candy-list/>

Meal Plans

- <https://celiac.org/eat-gluten-free/meal-plans/>

Dining and Social Eating

- <https://celiac.org/gluten-free-living/dining-and-social-eating/>
- [https://www.beyondceliac.org/SiteData/docs/Dining-Tips/45a1646ed90f511d/DiningTipsFinal\(8.5x11\).pdf](https://www.beyondceliac.org/SiteData/docs/Dining-Tips/45a1646ed90f511d/DiningTipsFinal(8.5x11).pdf)
- <https://gluten.org/wp-content/uploads/2016/02/Restaurant-Card.pdf>
- https://gluten.org/wp-content/uploads/2019/07/EDU_Restaurant-dining.pdf

Adding Fiber to a GFD

- <https://www.massgeneral.org/children/celiac-disease/gi-fiber-and-celiac-disease.aspx>

Nutritional Support

EDUCATIONAL NUTRITION BOOKS

American Dietetic Association's Pocket Guide to Gluten-Free Strategies for Clients with Multiple Dietary Restrictions

Tricia Thompson, 2011 (soon to be republished as of April 2016).

Academy of Nutrition and Dietetics Client Education Brochure: Gluten-Free Basics

Tricia Thompson

Celiac Disease Nutrition Guide, 3rd edition

Tricia Thompson, 2014.

Mayo Clinic Going Gluten Free: Essential Guide to Managing Celiac Disease and Related Conditions,

Joseph Murray MD, 2014.

Gluten-Free Diet: A Comprehensive Resource Guide

Shelley Case, RD, 2010.

Acceptability of Foods and Food Ingredients for the Gluten-Free Diet Pocket Dictionary

Canadian Celiac Association

The Gluten-Free Revolution

Jax Peters Lowell

Gluten is My Bitch

April Peveteaux

Wheat Belly

William Davis MD

RECIPES

Beth Hillson Recommendations:

<http://connecticutgi.org/wp-content/uploads/2020/06/Gluten-Free-Chocolate-Salted-Caramel-Crunch-Brownies.pdf>

<http://connecticutgi.org/wp-content/uploads/2020/06/Gluten-Free-Stuffing.pdf>

General Recipes

<https://www.beyondceliac.org/gluten-free-diet/gluten-free-recipes/>

<https://celiac.org/eat-gluten-free/recipes/>

<https://nationalceliac.org/gluten-free-recipes/>

Recipes for Kids

<https://www.beyondceliac.org/living-with-celiac-disease/info-for-parents/gluten-free-kids-recipes/>

GF Recipe Videos

<https://www.beyondceliac.org/gluten-free-diet/cooking/>

Celiac Mama Recipes

<https://celiacmama.com/gluten-free-recipes/>

Celiac Travel Recipes

<http://www.celiactravel.com/recipes/>

MAGAZINES

Gluten Free Nation Magazine

<https://nationalceliac.org/gluten-free-nation-magazine/>

Generation GF Magazine

<https://gluten.org/community/generation-gf-magazine/>

Delight Gluten Free

<https://delightglutenfree.com/>

Allergic Living

<https://www.allergicliving.com/>

Easy Eats

<http://www.easyeats.com/>

Gluten-Free Living

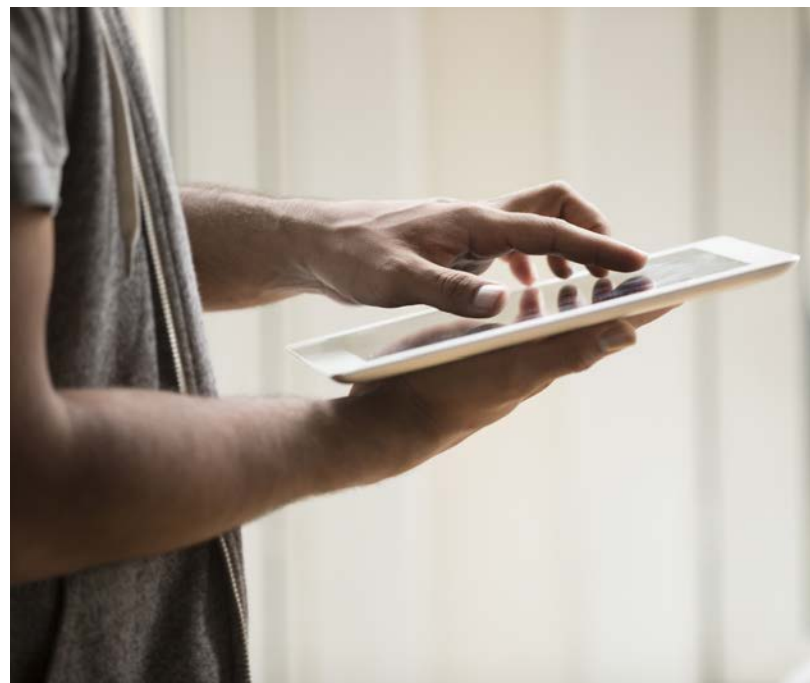
<https://www.glutenfreeliving.com/>

Simply Gluten-Free

<https://simplygluten-free.com/>

Gluten-Free and More

<https://www.glutenfreeandmore.com/>



Nutritional Support

COOKBOOKS

Holiday ECookbooks

<https://www.beyondceliac.org/gluten-free-diet/holiday-ecookbooks/>

Weeknight Gluten Free, 2013

Gluten-Free Baking, Williams-Sonoma, 2014, The Gluten Free Gourmet Cooks Comfort Foods: Creating Old Favorites with the New Flours

Bette Hagman, 2004

Gluten Free Baking

Rebecca Reilly, 2007

Gluten-Free Baking with The Culinary Institute of America: 150 Flavorful Recipes from the World's Premier Culinary College

Coppedge Jr., Richard J

Wheat-Free, Gluten-Free Dessert Cookbook

Connie Sarros, 2003

Nearly Normal Cooking for Gluten-Free Eating

Jules E. D. Shepard, 2006

Gluten-Free Baking Classics, 2006

The Gluten-Free Good Health Cookbook: The Delicious Way to Strengthen Your Immune System and Neutralize Inflammation, 2010

Gluten-Free Baking Classics-The Heirloom Collection: 90 New Recipes and Conversion Know-How

Annalise G. Roberts, 2014

Artisanal Gluten-Free Cooking

Kelli and Peter Bronski, 2012

1,000 Gluten-Free Recipes

Cooking Free: 200+ Flavorful Recipes for People with Food Allergies and Multiple Food Sensitivities

Gluten-Free Quick & Easy - From Prep to Plate without the Fuss: 200+ Recipes for People with Food Sensitivities

100 Best Gluten-Free Recipes

Carol Fenster, Ph.D.



The Essential Gluten-Free Restaurant Guide

Gluten-Free Hassle-Free: A Simple, Sane, Dietitian-Approved Program for Eating Your Way Back to Health, 2nd edition, 2013
Marlisa Brown, MS, RD, CDE, CDN

The Complete Idiot's Guide to Gluten-Free Eating

Eve Adamson and Tricia Thompson, MS, RD

Deliciously G-Free

Elisabeth Hasselbeck 2014

Gluten-Free Artisan Bread in Five Minutes a Day: The Baking Revolution Continues With 90 New, Delicious and Easy Recipes Made With Gluten-Free Flours

Jeff Hertzberg M.D.

Gluten-Free for Good: Simple, Wholesome Recipes Made From Scratch Samantha Seneviratne

Flavor Flours: A New Way to Bake with Teff, Buckwheat, Sorghum, Other Whole & Ancient Grains, Nuts & Non-Wheat Flours

Alice Medrich

Gluten-Free Baking Classics

Annalise G. Roberts

Eating

Eve Adamson and Tricia Thompson, MS,

Gluten-Free Makeovers: Over 175 Recipes from Family Favorites to Gourmet Goodies -- Made Deliciously Wheat-Free

Beth Hillson

The Complete Guide to Living Well Gluten-Free: Everything You Need to Know to Go from Surviving to Thriving

Beth Hillson

The Gluten Free Pantry Companion

Beth Hillson

Nutritional Support

GLUTEN-FREE PRODUCTS

- <https://nationalceliac.org/resources/gluten-free-recognition-seal-program/>
- <https://celiac.org/eat-gluten-free/gf-products/>
- <https://www.glutenfreemall.com/catalog/allprods.php>
- <https://www.eatthis.com/best-gluten-free-products/>
- <https://urbantastebud.com/best-gluten-free-products/>
- <https://www.fritolay.com/dietary-needs/gluten-free/us-gluten-free-products-and-products-not-containing-gluten-ingredients>
- <https://www.goodforyouglutenfree.com/gluten-free-diet-products/>
- <https://katzglutenfree.com/collections>
- <https://www.traderjoes.com/dietary-lists/gluten-free>
- <https://glutenfreehomestead.com/favorite-gluten-free-products/>
- <https://www.ourfamilyfoods.com/gluten-free-products/>
- <https://boarshead.com/products/gluten-free>
- <https://canyonglutenfree.com/buy-gluten-free-bread-products/>
- <https://www.generalmillscf.com/products/category/gluten-free>

APPS

Gluten-Free Living: Top 10 Gluten-Free Apps

<https://www.glutenfreeliving.com/gluten-free-foods/shopping-gluten-free/top-10-gluten-free-apps/>

1. Is That Gluten Free?
2. Cook It Allergy Free
3. I Eat Out
4. Gluten free scanner
5. Find Me Gluten Free
6. GF Plate
7. Gluten-Free
8. Now Find Gluten-free
9. Eat! Gluten-free
10. Gluten Free Recipes
11. Go Beyond Celiac
12. Eat! Gluten-free



Nutritional Support

BAKERIES / SPECIALTY

FAIRFIELD COUNTY

Baldanza Natural Market and Café

17 Elm Street
New Canaan
203-966-4000
www.baldanzabc.com

Free & Company Kitchen

196 Danbury Road
Wilton
203-523-7403
www.friendscompanykitchen.com

Gluten Free Oasis

594 Federal Road Brookfield
203-885-0314
www.glutenfreeoasis.net

Healthfare

2 Morse Court
New Canaan
203-966-5400
www.newcanaanhealthfare.com

Izzi B's Allergen Free Bakery

22 Knight Street
Norwalk
203-810-4378
www.ibcakes.com

The Cake Box

1 Big Shop Lane
Ridgefield
203-403-2558
thecakeboxofct.com

The Common Bond Market

40 Huntington Street
Shelton
203-513-8200
www.thecommonbondmarket.com

The Well Natural Market

349 Chestnut Hill Road
Wilton
203-762-9711
www.shopthewell.com

HARTFORD COUNTY

Bakery on Main

127 Park Ave
East Hartford
860-895-6622
www.bakeryonmain.com

Cake Gypsy

35 East Main Street
Avon
860-678-2500
www.cakegypsy.com

Cake Gypsy

220 Albany Turnpike
Canton
860-335-0510
www.cakegypsy.com

Dee's One Smart Cookie

103 New London Turnpike
Glastonbury
860-633-8000
www.deesonesmartcookie.com

Devine Treasures

404 Middle Turnpike West
Manchester
860-643-2552
www.dtchocolates.com

Fitzgerald's Foods

710 Hopmeadow Street
Simsbury
860-658-2271
www.fitzgeraldsfoods.com

Get Baked

25 Central Street
Windsor
860-688-0420
www.getbakedct.com

Granby Village Health

10 Hartford Ave
Granby
860-844-8608
www.granbyvillagehealth.com

Harvest Café

1390 Hopmeadow Street
Simsbury
860-658-5000
www.harvestcafebakery.com

IT (gluten free candy)

116 East Main Street
Bristol
860-856-1544
www.haveyoutriedityet.com

Make It GF

50 Albany Turnpike
Canton
860-693-1300
www.makeitgf.com

Mangiafico's Bakery & Pastry Shoppe

104 East Main Street
Plainville
860-793-9167
www.mangiaficos.com

Pure Love Bakery

136 Simsbury Rd #16
Avon
860-4090302
www.purelovegranola.com

Super Natural Market & Deli

430 North Main Street
Bristol
860-582-1663
www.supernaturalmarket.com

Nutritional Support

BAKERIES / SPECIALTY (CONTINUED)

LITCHFIELD COUNTY

Jam Food Shop

10 Gay Street
Sharon
860-364-2004
www.jamfoodshop.com

J.P. Gifford's Market

12 North Main Street
Kent
860-592-0200
www.jpgifford.com

Love Heart's Bakery & Café

583 Bantam Rd
Litchfield
860-361-6526
www.loveheartsbakery.homestead.com

MIDDLESEX COUNTY

Food Works Natural Market

940 Boston Post Road
Old Saybrook
860-395-0770
www.food-works.org

Shayna B's By The Sea

247 Main Street
Old Saybrook
860-391-8657
www.shaynabsbythesea.com

Still Delicious Bakery

13 Boston Post Road
Westbrook
860-552-4662
www.stilldelicious.com

NEW HAVEN COUNTY

Edge of the Woods Market

379 Whalley Ave
New Haven
203-787-1055
www.eotwm.com

Food Works Natural Market

965 South Main Street
Cheshire
203-699-9200
www.food-works.org

Food Works Natural Market

450 Boston Post Road
Guilford
203-458-9778
www.food-works.org

Nature's Goods

860 Straits Turnpike
Middlebury
203-577-2000
www.naturesgoodsmarket.com

Thyme and Season

3040 Whitney Ave
Hamden 203-407-8128
<https://www.thymeandseason.net/>

TOLLAND COUNTY

Nature's Health Store LLC

603 Middle Turnpike
Storrs
860-477-0802
www.natureshealthstores.com

NEW LONDON COUNTY

Fiddleheads Food Cooperative

13 Broad Street
New London
860-701-9123
www.fiddleheadsfood.coop

Mystic Organics and More

35 E Williams Ave
Mystic
860-245-4135
www.mystic-organics-and-more.com

The Green Market

17 River Road
Jewett City
860-376-2765
The-green-market-ct.hub.biz

The Natural Food Store

21 Hope Street
Niantic
860-739-9916
Naturalfoodst.com

Zest Fresh Pastry

22 Bayview Ave
Stonington
860-381-0771
Zestfreshpastry.com



Patient Support Organizations

NATIONAL CELIAC WEBSITES

Beth Israel Deaconess Medical Center

<https://www.bidmc.org/centers-and-departments/digestive-disease-center/services-and-programs/ceciac-center/ceciacnow/about-ceciacnow/resources>

Beyond Celiac

<https://www.beyondceliac.org/living-with- celiac-disease/>

Celiac Disease Foundation

<https://celiac.org/about-ceeliac- disease/resources-for-professionals/>

National Celiac Association

<https://nationalceliac.org/ceciac-disease- resources/>

Gluten Intolerance Group

<https://gluten.org/resources/getting- started/ceciac-disease-2/>

GI Kids

https://www.gikids.org/index.cfm?contentID=3_&lang=en&pagePath=Celiac-Disease

Celiac Mama

<https://celiacmama.com/>

Canadian Celiac Association

<https://www.celiac.ca/>

American Celiac Society

www.americanceciacsociety.org

Healthy Villi

www.healthyvilli.com

Gluten Free Society

www.glutenfreesociety.org

Celiac Travel

www.celiactravel.com

Academy of Nutrition and Dietetics

www.eatright.org



LOCAL SUPPORT GROUPS

GIG of Shoreline East (Westbrook)

<https://gluten.org/localbranches/shorelineeast-westbrook/>

National Celiac Association – Glastonbury (Whole Foods)

<https://nationalceliac.org/supportdirectory/group/glastonbury-local-partner>



About Connecticut GI

Our staff of physicians, advanced practitioners, physician assistants, clinical and administrative staff are here to provide our patients with comprehensive and compassionate care. Experts in diagnosis and intervention, our board certified gastroenterologists offer advanced treatment and diagnostic services for digestive and liver disorders.

Some of our doctors also have advanced training in areas such as biliary and pancreatic disorders, small bowel disease, pelvic floor dysfunction, and Barrett's esophagus. As a comprehensive gastroenterology practice we also offer on site infusion services for patients with inflammatory bowel disease in a comfortable environment with ease of access.

With care centers throughout Connecticut we make it easy for patients to access the practice. Furthermore, our advanced electronic medical records system allows for a seamless care experience no matter which office a patient chooses to visit.

Research is an important means of advancing medical care, and we are involved in clinical research regularly. Please see our research section to see what studies are available.

We invite you to explore our web site to learn more about how our clinicians can provide you with the high quality care that is the hallmark of Connecticut GI.



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