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Grey Procedure Preparation CLENPIQ

Follow these instructions. **Do NOT follow the instructions on the box.**

***The prescription for your prep has been sent to your pharmacy electronically. Please pick up within a week.**

- **You must be on a clear liquid diet 30 hours before your procedure (please review the clear liquid diet sheet).**
- **You must not have anything by mouth for 4 hours prior to your procedure, INCLUDING gum and hard candies.**

NOTE: Failure to properly cleanse your colon may result in a cancelled procedure.

The American College of Gastroenterologists recommends splitting the preparation for optimal visualization of the colon and detection of small polyps and cancer.

THE DAY BEFORE YOUR COLONOSCOPY

CLEAR LIQUID DIET

In the evening:

- Between 6-7 PM the day before your procedure, take the first dose by completing steps 1-3.
 1. Drink one bottle of CLENPIQ
 2. You must drink five (5) 8-oz containers of water over the next 5 hours before bed.
 3. If you experience nausea, please slow the intake of water to one glass every 20 or 30 minutes until complete.
 4. After your first dose, if severe bloating, swelling or stomach pain occur, delay the second dose until the symptoms resolve.

5 HOURS Before Procedure:

- Take the second dose of your prep by completing steps 1-3
 1. Drink the other bottle of CLENPIQ
 2. You must drink four (4) more 8-oz containers of water over the next 1-2 hours.
 3. Nothing by mouth at all after you complete Step #2